



DISABILITY BENEFITS

The Canada Disability Benefit (CDB) is available to persons with disabilities (18 to 64) who have a low income, are residents of Canada for income tax purposes, and have a valid Disability Tax Credit (DTC). Payments will begin in July 2025. The maximum benefit is \$2,400 per year, \$200 per month, and is based on income and age. [Canada Disability Benefit - Canada.ca](#). To apply online go to Service Canada website, log into your My Service Canada Account (MSCA), go to Canada Disability Section and follow the prompts. To apply in paper form download form from Service Canada website, fill out the form completely and accurately and submit to address provided on the form. To apply in person visit your nearest Service Canada office.

Disability Tax Credit

The disability tax credit (DTC) is a non-refundable tax credit that helps people with disabilities, or their supporting family member, reduce the amount of income tax they may have to pay.

Being eligible for the DTC may help you access other federal programs such as: Registered Disability Savings Plan, Canada Dental Care Plan, Canada workers benefit disability supplement, Child disability benefit.

Who is eligible? You may be eligible for the DTC if a medical practitioner certifies that you have a severe and prolonged impairment in physical or mental functions or receive life-sustaining therapy to support a vital function.

When do you claim? If you are approved, you may claim the credit at tax time.

How to apply? Applicants and medical practitioners can visit [Disability tax credit \(DTC\) - Canada.ca](#) to access two options to apply for the DTC. Option 1: Digital Form and Option 2: Paper Form

Digital Form

1. Access and complete Part A* of the application form through the 'Benefits and Credits' page on My Account or by phone. You have the option to talk to a contact centre agent (1-800-959-8281) or use the automated voice service (1-800-463-4421)
2. Submit Part A to receive a reference number for your application
3. Provide the reference number to your medical practitioner and they will use the number to submit Part B of your application.**

Paper Form

1. Fill out and sign Part A* of **Form T2201, Disability Tax Credit Certificate**.
2. Ask your medical practitioner to fill out and certify Part B of the form.**
3. Send the form to the Canada Revenue Agency (CRA) either by mail or online through "Submit documents" in My Account

* The applicant may be the person with impairment or their legal representative.

** Your medical practitioner may charge the fee to fill out the form.

Information You Need to Provide

1. Basic information about the medical practitioner
2. Patient name and date of birth
3. Information about the effects of the impairment(s)

The CRA aims to review your application and mails you a notice of determination within **8 weeks** of receiving it. It may take longer if information is missing.

For more on the Canada Disability Benefit and Disability Tax Credit go to: Plan Institute

<https://www.canadadisabilitybenefit.ca/>

This site provides important information, resources, and support on the CDB including: Eligibility requirements, Benefit payments, as well as DTC assistance including access to resources and guidance for applying for the DTC, which you will need to apply for the CDB.

Use this link to access a **guide to apply for the DTC** from **Disability Alliance BC** <https://mydtc.dabc.ca/>

The **Disability Planning helpline** can offer one-on-one assistance, services are free and available to all nationwide **1-844-311-7526**

or helpline@planinstitute.ca